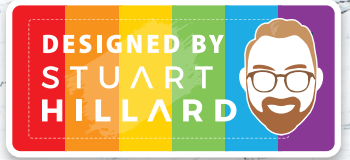


*Head  
over Heels* Walking  
in Nature





# Waistcoat in Head over Heels Walking in Nature

## MEASUREMENTS

To Fit Age		Newborn	0-6 months	6-12 months	12-24 months	2-3 years
<b>To Fit Chest</b>	cm	36	41	46	51	56
	in	14	16	18	20	22
<b>Actual Measurement</b>	cm	44	49	54	59	64
	in	17¼	19¼	21¼	23¼	25¼
<b>Full Length</b>	cm	20	24	28	32	38
	in	8	9½	11	12½	15
<b>Sleeve Length</b>	cm	11	14	16	19	23
	in	4¼	5½	6¼	7½	9

## YOU WILL NEED

### Waistcoat

Head over Heels Walking in Nature 100g 1 1 1 1 2

**Colour used** Strut 3232

1 pair 3.25 mm (UK 10 – USA 3) knitting needles and 1 pair 2.75 mm (UK 12 – USA 2) knitting needles. Cable needle. 4[4:4:5:5] buttons for waistcoat

## ABBREVIATIONS

<b>alt</b> alternate	<b>inc(s)</b> increase(ing)(s)	<b>skpo</b> slip one, knit one pass slipped stitch over
<b>beg</b> beginning	<b>k</b> knit	<b>st(s)</b> stitch(es)
<b>cm</b> centimetre(s)	<b>mm</b> millimetre(s)	<b>tbl</b> through back of loop(s)
<b>CN</b> cable needle	<b>p</b> purl	<b>tog</b> together
<b>cont</b> continue	<b>patt</b> pattern	<b>ws</b> wrong side
<b>dec(s)</b> decrease(ing)(s)	<b>rem(s)</b> remain(ing)(s)	<b>yfwd</b> yarn forward
<b>fol</b> following	<b>rep</b> repeat	
<b>g</b> grammes	<b>rs</b> right side	
<b>in</b> inch(es)		

## SPECIAL ABBREVIATIONS

### Twisted rib

**Row 1 (rs):** K1, \* p1, k1, rep from \* to end.

**Row 2:** \* P1tbl, k1, rep from \* to last st, p1tbl.

Rep rows 1 and 2.

### St-st. Stocking stitch

**Row 1 (rs):** Knit.

**Row 2:** Purl.

Rep rows 1 and 2.

### G-st. Garter stitch

**Every row:** Knit.

**T7B:** slip next 4 sts onto CN and hold at back of work, k1, p1, k1 then (p1, k1) twice from CN.

**T7F:** slip next 3 sts onto CN and hold at front of work, (k1, p1) twice then k1, p1, k1 from CN.

**M1p:** make one stitch by picking up the horizontal strand in between two stitches and purling through front of loop.

The yarn amounts stated are based on average requirements and are therefore approximate.

**Tension:** 28 sts and 36 rows to 10 cm, 4 in, over stocking stitch, on 3.25 mm needles or the size required to give the correct tension.

**It is essential to work to the stated tension to ensure the correct size of garment and you should always knit a tension square.**

If there are less sts and rows to 10cm, 4in, change to finer needles if there are more sts and rows to 10cm, 4in, change to larger needles.

Instructions are given for the first, smallest size. Larger sizes are given in square brackets. Where only one figure is given, this applies to all sizes.

Where the figure 0 appears, no stitches, times, or rows are worked for this size. After casting off, one stitch will remain on the right hand needle which is not included in the instructions that follow.

Although every effort has been made to ensure that instructions are correct, Stylecraft cannot accept any liabilities.

**Stylecraft cannot accept responsibility for the result of using any other yarn.**

Circle the size you wish to make

## WAISTCOAT

### BACK

Using 2.75 mm needles and thumb method cast on 67[75:83:91:99] sts. Work 7[7:9:9:11] rows in twisted rib.

**Next row.** P7[9:5:9:8], p2tog, (p8[9:8:8:7], p2tog) 5[5:7:7:9] times, p8[9:6:10:8]. 61[69:75:83:89] sts. Change to 3.25 mm needles and cont in st-st until back measures 8.5[11.5:14.5:17.5:22.5]cm, 3¼[4½:5¾:6¾:8¾]in, ending with a ws row.

### Shape Armholes

Work 4[5:6:6:7] rows dec 1 st at each end of every row. 53[59:63:71:75] sts. Cont without shaping until armhole measures 10[11:12:13:14]cm, 4[4¼:4¾:5¼:5½]in, ending with a ws row.

### Shape Shoulders

Cast off 5[6:6:7:7] sts at beg of next 2[2:4:4:4] rows. 43[47:39:43:47] sts.

Cast off 6[6:7:7:8] sts at beg of next 4[4:2:2:2] rows. 19[23:25:29:31] sts.

Cast off rem sts.

### LEFT FRONT

Using 2.75 mm needles and thumb method cast on 30[34:38:42:46] sts.

**Row 1 (rs):** K1, \* p1, k1, rep from \* to last st, k1.

**Row 2:** K1, \* p1tbl, k1, rep from \* to last st, p1tbl.

Rows 1 and 2 form rib.

Work 5[5:7:7:9] rows more in rib.

**For 1st, 2nd, 3rd and 4th sizes only**

**Next row (ws):** P1, m1p, k2, p1tbl, (k1, p1tbl) 3 times, k2, p18[22:12:14], (p2tog) 0[0:1:1] times, p0[0:12:14]. 31[35:38:42] sts.

**For 5th size only**

**Next row (ws):** P1, m1p, k2, p1tbl, (k1, p1tbl) 3 times, k2, p3, (p8, p2tog) twice, p11. [45] sts.

**For all sizes**

Change to 3.25 mm needles and proceed as follows:

**Row 1 (rs):** K18[22:25:29:32], p2, (k1, p1) 3 times, k1, p2, k2.

**Row 2:** P2, k2, p1tbl, (k1, p1tbl) 3 times, k2, p18[22:25:29:32].

**Row 3:** K18[22:25:29:32], p2, T7B, p2, k2.

**Row 4:** As row 2.

**Rows 5 to 12:** Rep rows 1 and 2 four times.

**Row 13:** As row 1.

**Row 14:** P2, k2, p1tbl, (k1, p1tbl) 3 times, k2, p18[22:25:29:32].

Rows 1 to 14 form **patt.**

Cont in patt until left front measures 8.5[11.5:14.5:17.5:22.5]cm, 3¼[4½:5¾:6¾:8¾]in, ending with a ws row.

### Shape Armhole and Neck

**Next row (rs):** K2tog (armhole edge), patt to last 15 sts, k2tog (neck edge), patt to end. 29[33:36:40:43] sts.

**Next row:** Patt to last 2 sts, p2tog. 28[32:35:39:42] sts.

Last 2 rows form **armhole and neck shaping.**

Work 2[3:4:4:5] rows dec 1 st at armhole edge in every row **AT THE SAME TIME** dec 1 at neck edge **as before** in next and every foll 0[2nd:2nd:2nd:2nd] row. 25[27:29:33:34] sts.

Work 6[8:10:14:12] rows dec 1 st at neck edge only **as before** in 1st[2nd:1st:1st:2nd] and every foll alt row. 22[23:24:26:28] sts.

Work 17[18:17:17:22] rows dec 1 st at neck edge only **as before** in 1st[2nd:1st:1st:2nd] and every foll 4th row. 17[18:19:21:22] sts.

Cont without shaping until armhole measures 10[11:12:13:14]cm, 4[4¼:4¾:5¼:5½]in, ending with a ws row.

### Shape Shoulder

**Next row (rs):** Cast off 5[6:6:7:7] sts in patt, patt to end. 12[12:13:14:15] sts.

**Next row:** Patt.

**Next row:** Cast off 6[6:6:7:7] sts in patt, patt to end. 6[6:7:7:8] sts.

**Next row:** Patt.

Cast off rem 6[6:7:7:8] sts in patt.

### RIGHT FRONT

Using 2.75 mm needles and thumb method cast on 30[34:38:42:46] sts.

**Row 1 (rs):** K2, \* p1, k1, rep from \* end.

**Row 2:** \* P1tbl, k1, rep from \* to end.

Rows 1 and 2 form **rib.**

Work 5[5:7:7:9] rows more in rib.

**For 1st, 2nd, 3rd and 4th sizes only**

**Next row (ws):** P0[0:12:14], (p2tog) 0[0:1:1] times, p18[22:12:14], k2,

p1tbl, (k1, p1tbl) 3 times, k2, m1p, p1. 31[35:38:42] sts.

### For 5th size only

Next row (ws): P11, (p2tog, p8) twice, p3, k2, p1tbl, (k1, p1tbl) 3 times, k2, m1p, p1. [45] sts.

### For all sizes

Change to 3.25 mm needles and proceed as follows:

**Row 1 (rs):** K2, p2, (k1, p1) 3 times, k1, p2, k18[22:25:29:32].

**Row 2:** P18[22:25:29:32], k2, p1tbl, (k1, p1tbl) 3 times, k2, p2.

**Row 3:** K2, p2, T7F, p2, k18[22:25:29:32].

**Row 4:** As row 2.

**Rows 5 to 12:** Rep rows 1 and 2 four times.

**Row 13:** As row 1.

**Row 14:** P18[22:25:29:32], k2, p1tbl, (k1, p1tbl) 3 times, k2, p2.

Rows 1 to 14 form **patt.**

Cont in patt until right front measures 8.5[11.5:14.5:17.5:22.5]cm, 3¼[4½:5¾:6¾:8¾]in, ending with a ws row.

### Shape Neck and Armhole

**Next row (rs):** Patt 13, skpo, (neck edge), patt to last 2 sts, k2tog (armhole edge). 29[33:36:40:43] sts.

**Next row:** P2tog, patt to end. 28[32:35:39:42] sts.

Last 2 rows form **neck and armhole shaping.**

Work 2[3:4:4:5] rows dec 1 st at neck edge **as before** in next and every foll 0[2nd:2nd:2nd:2nd] row **AT THE SAME TIME** dec 1 at armhole edge in every row. 25[27:29:33:34] sts.

Work 6[8:10:14:12] rows dec 1 st at neck edge only **as before** in 1st[2nd:1st:1st:2nd] and every foll alt row. 22[23:24:26:28] sts.

Work 17[18:17:17:22] rows dec 1 st at neck edge only **as before** in 1st[2nd:1st:1st:2nd] and every foll 4th row. 17[18:19:21:22] sts.

Cont without shaping until armhole measures 10[11:12:13:14]cm, 4[4¼:4¾:5¼:5½]in, ending with a **rs** row.

### Shape Shoulder

**Next row (ws):** Cast off 5[6:6:7:7] sts in patt, patt to end. 12[12:13:14:15] sts.

**Next row:** Patt.

**Next row:** Cast off 6[6:6:7:7] sts in patt, patt to end. 6[6:7:7:8] sts.

**Next row:** Patt.

Cast off rem 6[6:7:7:8] sts in patt.

### RIGHT FRONT BORDER

With rs facing, using 2.75 mm needles and beg at lower edge of Right Front pick up and knit 7[7:9:9:11] sts evenly up rib, 18[27:36:45:59] sts evenly up straight edge, 37[40:42:45:48] sts evenly up shaped edge and 9[11:12:14:15] sts from centre back neck, ending halfway across back neck. 71[85:99:113:133] sts. Beg with row 2 of twisted rib work 3[3:4:4:4] rows.

### For a girl

**Next row:** Rib 2[2:55:60:64], rib2tog, yfwd, (rib 5[8:11:10:14], rib2tog, yfwd) 3[3:3:4:4] times, rib 46[51:3:3:3].

Work 3[3:4:4:4] rows more in rib.

### For a boy

Work 4[4:5:5:5] rows more in rib.

### For a girl or boy

Cast off in rib.

### LEFT FRONT BORDER

With rs facing, using 2.75 mm needles and beg halfway across back neck pick up and knit 9[11:12:14:15] sts from centre back neck, 37[40:42:45:48] sts evenly down shaped edge 18[27:36:45:59] sts evenly down straight edge and 7[7:9:9:11] sts evenly down rib. 71[85:99:113:133] sts.

Beg with row 2 of twisted rib work 3[3:4:4:4] rows.

### For a boy

**Next row:** Rib 45[50:2:2:2], rib2tog, yfwd, (rib 5[8:11:10:14], rib2tog, yfwd) 3[3:3:4:4] times, rib 3[3:56:61:65].

Work 3[3:4:4:4] rows more in rib.

### For a girl

Work 4[4:5:5:5] rows more in rib.

### For a girl or boy

Cast off in rib.

### ARMHOLE BORDERS

Join shoulder seams.

With rs facing, using 2.75 mm needles, pick up and knit 59[63:67:75:79] sts Work 5[5:7:7:9] rows in twisted rib. Cast off.

### TO MAKE UP

Join side seams.

Join seam at centre back neck. Sew on buttons. Pin out waistcoat to the measurements given. Cover with clean, damp tea towels and leave until dry. See ball band for washing and further care instructions.



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